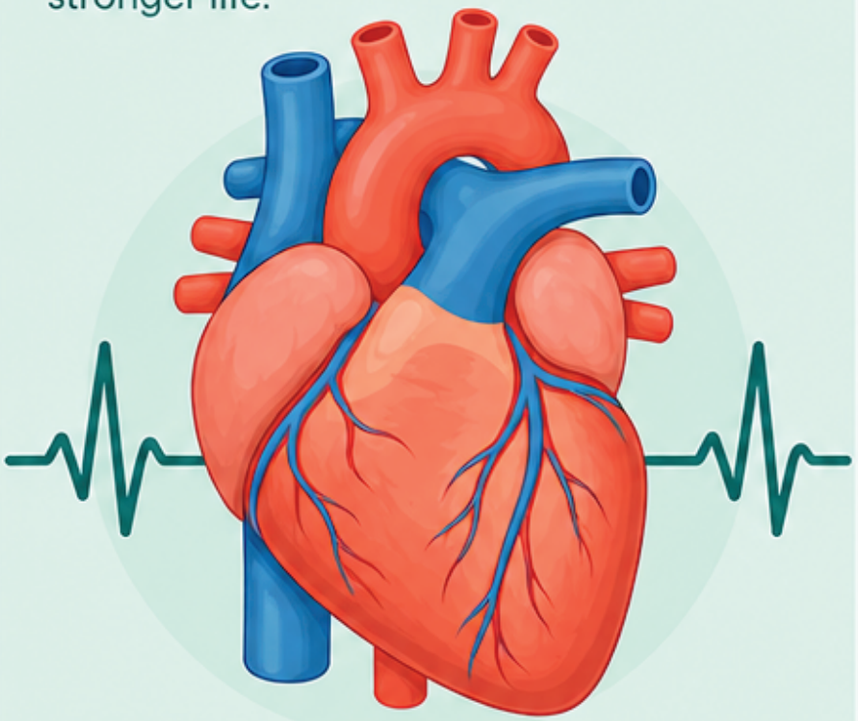
Healthy Heart

Your Heart Matters

A healthier heart supports a longer, stronger life.



Beats

Your heart pumps blood about 100,000 times a day, keeping oxygen and nutrients moving through your body.

Circulates

It delivers oxygen, removes waste and helps every organ work properly.

Stays Healthy

Regular activity, healthy food, good sleep and less stress help your heart stay strong.